



1

A composite image featuring a portrait of a man with a beard and a slight smile on the left. To the right of the portrait is a grid of six circular icons, each with a corresponding value label below it. The icons are arranged in two rows of three. The top row contains icons for Empowerment (two figures with a heart), Collaboration (three figures), and Compassion (a heart). The bottom row contains icons for Integrity (hands holding a heart), Accountability (hands raised), and Equity (three figures with a scale).

SHELTER  
HELP  
HOPE

EMPOWERMENT    COLLABORATION    COMPASSION

INTEGRITY    ACCOUNTABILITY    EQUITY

2

## CASE MANAGEMENT

Case Management is a collaborative process between staff and residents to assess, plan, and coordinate services to meet an individual's and/or family's comprehensive needs through communication and available resources to promote resident safety, health and wellness, and self-sufficiency.

Our Case Managers focus on helping individuals become more self-sufficient, as well as being "rent ready" to ensure they have all the proper documentation and information needed to apply for housing in this tight market. Self-sufficiency looks different for each individual, but encompasses common themes such as housing, safety, income, mental health, and well-being.



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ASSESS.

PLAN.

ACT.

- Action Plans: housing, employment, saving money, mental health, physical health, legal, treatment, rent readiness, and/or probation and parole
- What are the barriers?
- Status of Foundation- Food Stamps, OHP, Income, ID, Birth Certificate
- Forward progress on Rent Readiness



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# SELF SUFFICIENCY

EMPLOYMENT

—

SHELTER

—

INCOME

—

HEALTH CARE COVERAGE

—

MENTAL HEALTH

—

WELLNESS

—

SAFETY

5

# RENT READINESS

ID/ DRIVER'S LICENSE

—

SOCIAL SECURITY CARD

—

BIRTH CERTIFICATE

—

PROOF OF INCOME

—

MONTHLY BUDGET

—

PAST UTILITY/RENTAL DEBT PAID OFF

—

KNOWN RENTAL HISTORY (3 YEARS)

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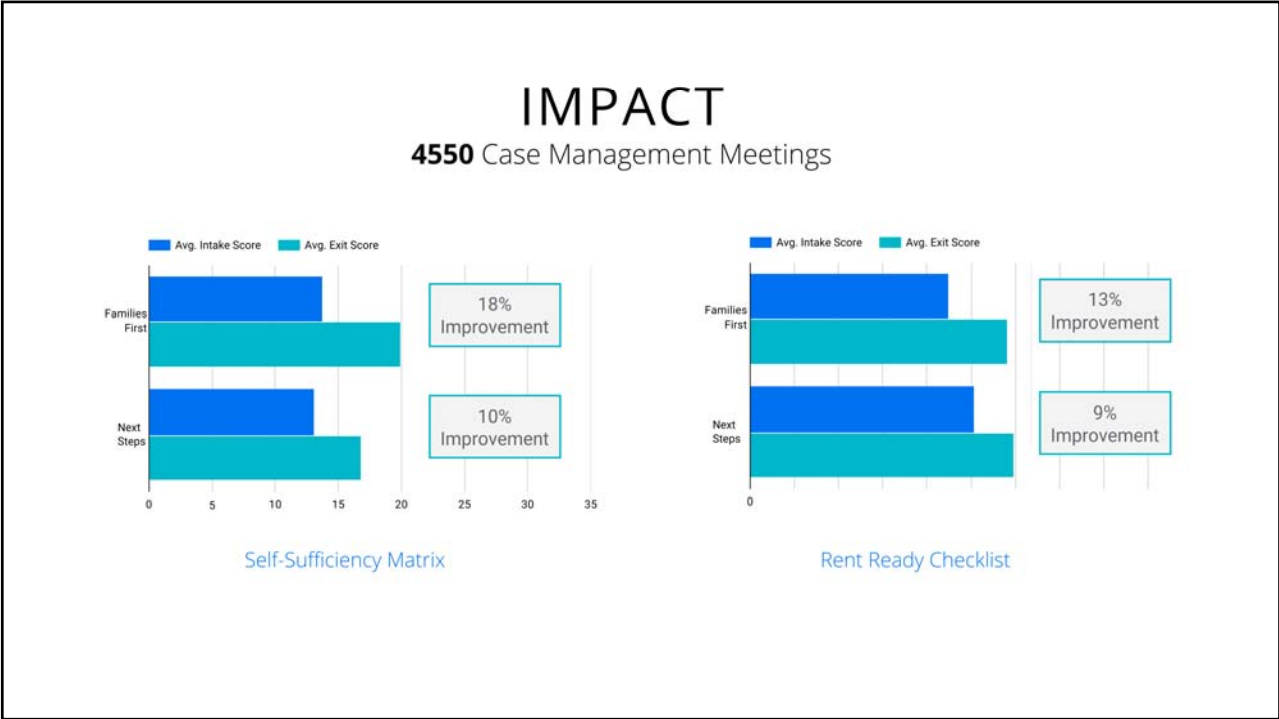
LETTERS OF SUPPORT\*

—

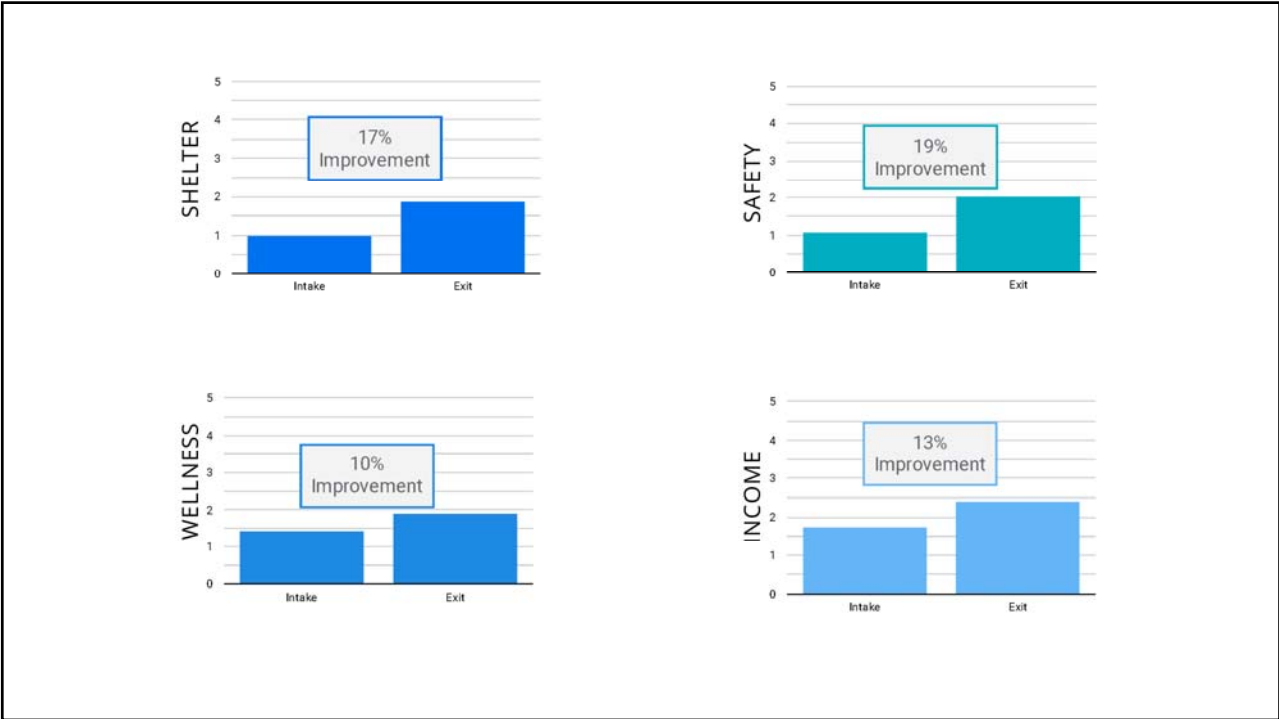
PROOF OF ASSISTANCE (RRH, VASH, GOLDEN KEY...ETC.)\*

\*If Applicable

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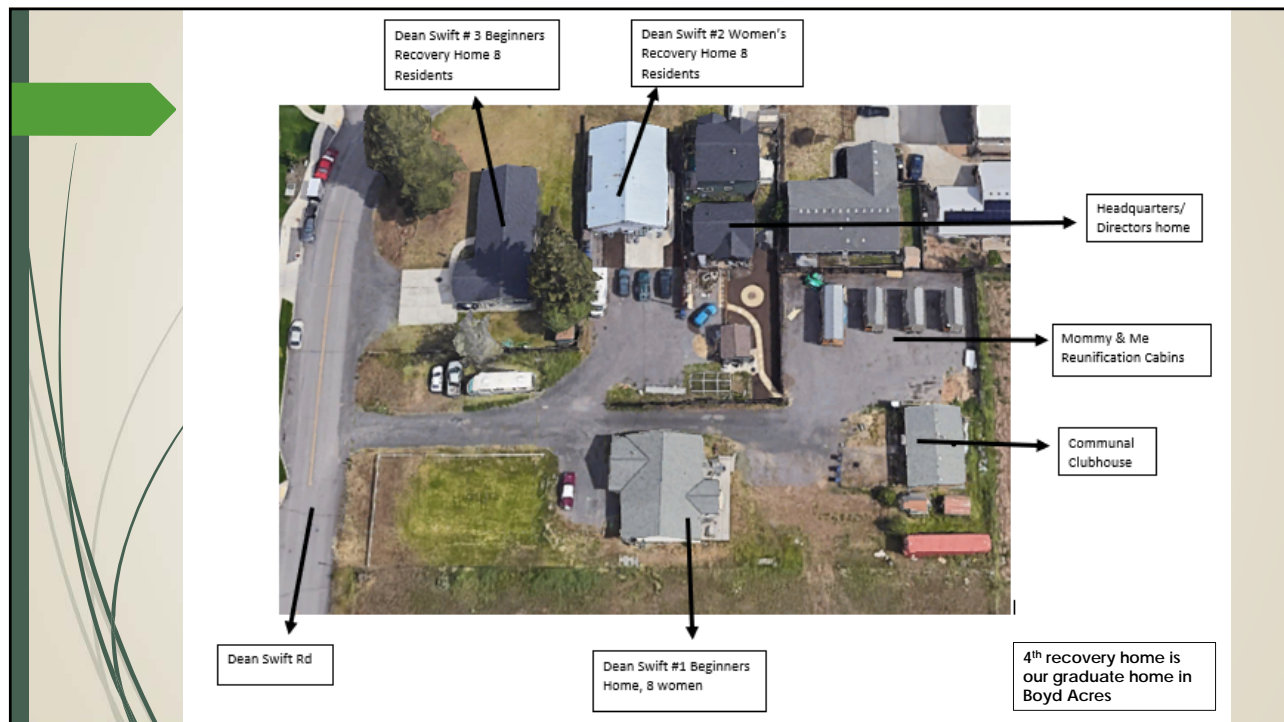




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## Summary Of Housing and Services 501c3 Nonprofit opened in 2014

\*10 structures (4 Recovery Homes, 4 Reunification Cabins, 1 Communal Clubhouse, 1 Headquarters/Manager Home)

\* Capacity of 60 residents

\* 6 Staff members and 8 Board Members

\*Providing equitable and inclusive services for homelessness, addiction, socio-economical and health disparities, self-sufficiency, employment, permanent housing placement, and combating recidivism.

\*900 individuals housed and served

4

## Program Support Requested: Staff Capacity Building & Retention

- \*Increase HR/Bookkeeper hours/pay
- \*Retain a maintenance/repair man for our 10 structures
- \*Maintain directors wage/live-in mentor's wage, offer medical benefits to assist retain employees

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## Statement of Need

DAWNS House has increased our housing and service capacity by 55% in the last 18 months. We are now in great need to increase and retain staff to meet our resident capacity and continue to provide vital housing and recovery services to our high risk, underserved population.

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# Cleveland Commons Permanent Supportive Housing

City of Bend, AHAC  
**2023 CET Application**

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David Brandt, Executive Director of Housing Works  
Colleen Sinsky, MSW, Executive Director of FUSE

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# Permanent Supportive Housing (PSH)

Affordable Housing + Supportive Services + Healthcare

**Data-Backed;** well-established best practice.

**Bipartisan support;** most prevalent homeless intervention in US.

**Cost-Effective;** can save communities money by targeting intensive support.

**Humane response;** alleviates strain on social services & crisis response.

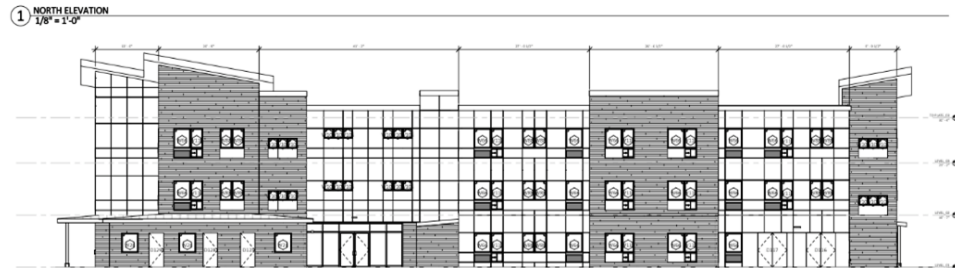
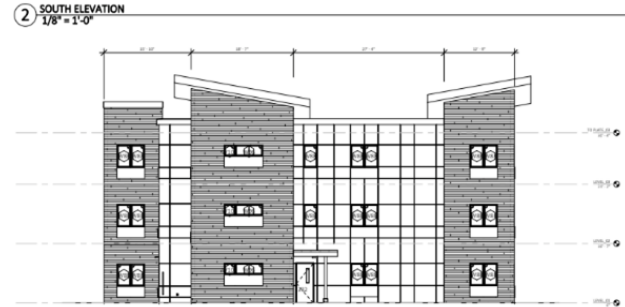
**Aligns with Bend's priorities;** in Consolidated Plan, EHTF, etc.

**Cleveland Commons will be Central Oregon's first purpose-built PSH, meeting a critical need in our housing continuum.**

# Target Population

## “Chronically Homeless”

- Disability + Unhoused at least 1 year
- Generally: single adults
- Largest segment of our unhoused population.
- **“Highly vulnerable”** (complex medical needs, behavioral health, below 30% AMI, utilizes shelters, etc.)
- Likely to be **“visibly homeless”** and is otherwise likely to remain unhoused.




# Cleveland Commons Overview

## Housing Impact, LLC

- 33 units (1-bdrm and studio) in SE Bend
- Community meeting room, kitchen, and lounge areas
- Flex offices for on-site social services
- Made possible through strong local partnerships.
- Project prep & collaboration began in 2019.



Central Oregon FUSE 



- On-site healthcare
- Behavioral health supports
- Trauma-informed resident services
- 24/7 staffing, secure entry
- Models best practice in PSH building design (*Pinnacle Architecture*)



# Financing Cleveland Commons

## Capital Development

**Total Projected Cost:** \$10.7M  
*(\$300 / sq ft)*

**Sources:** State, County, City, NeighborImpact

- OHCS PSH Fund: \$8.6M
- Deschutes ARPA: \$2M

Bend Affordable Housing Fee: \$700k

NeighborImpact: land

**Notes:** *no debt carried, so rental subsidies not required.*

## Supportive Services

**Total Projected Cost:** \$15k per unit / year  
*(approx \$495k annually)*

**Committed Sources:** State, Federal, Health

- OHCS/OHA: \$10k per unit/yr
- Local healthcare in-kind support & billable services *(DCBH & Mosaic Medical)*

**Additional sought:** • HUD CoC *(via FUSE)*: \$38k annually, CoC expansion grant, Medicaid Demonstration 1115 Waiver, etc.

**This CET Application:** \$165k per year for two years to fill funding gap for resident support services.

# Supportive Services Budget

- **Seeking \$330k over two years** to provide comprehensive support services that our target population requires to be successful in housing.
- Funding for services is the most significant barrier to developing Permanent Supportive Housing. **This project needs to close a relatively small funding gap to be viable.** *(OHCS expects their \$330k/yr to be matched by local sources to enable 24/7 staffing.)*
- State funding for a portion of services is secure, but additional funding sought for: **program start-up costs, 24/7 staffing, and establishing a strong program to enable replication.**

PROJECT ACTIVITIES	CDBG FUNDS REQUESTS	CET FUNDS REQUESTED	OTHER PUBLIC FUNDS	PRIVATE FUNDS	ACTIVITY TOTAL
Supportive Services Year 1		\$ 165,000.00	\$ 330,000.00	\$ 35,000.00	\$ 530,000.00
Supportive Services Year 2		\$ 165,000.00	\$ 330,000.00	\$ 35,000.00	\$ 530,000.00
<b>TOTAL</b>	\$ 0.00	\$ 330,000.00	\$ 660,000.00	\$ 70,000.00	\$ 1,060,000.00

# Questions?

## *Example Permanent Supportive Housing Community*

*Station 162 Apartments (44 units) Gresham, OR*



# CBDG Proposal Presentation 2023



*We Are*

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**J BAR J YOUTH SERVICES**

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1

*We Are*

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**J BAR J YOUTH SERVICES**

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Eliza Wilson she/hers  
Director of Runaway and Homeless Youth Programs  
J Bar J Youth Services

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## Data on Youth Experiencing Homelessness

Oregon is 1<sup>st</sup> in the country for youth homelessness

Unaccompanied Homeless Youth Numbers in  
Central Oregon  
Increased by 252% in 2020

And in 2021  
144 youth between the ages of 13-24yo were  
unsheltered in Central Oregon



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## What Causes Youth Homelessness?

- Families experiencing poverty and housing insecurity
- Abuse or Neglect
- Family Conflict
- Disparities
- Mental health disorders
- A child being a ward of the State/  
Child welfare and juvenile justice systems



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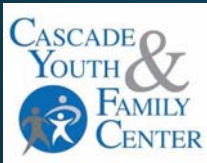


Safe shelter and resources for Youth ages 16-24 years old who are pregnant and/or parenting/Community Resource



- Emergency shelter
- Transitional Shelter for up to 24 months
- Education empowerment, planning, and support
- Employment and career training
- Childbirth Education Classes
- Parenting Classes
- Individual life skills training and Independent living skills groups
- Positive recreational opportunities and transition to self-sufficient living
- Community resources and referrals
- Aftercare support

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**The LOFT**  
Shelter for youth 16-23 years old



- Emergency shelter
- Transitional shelter for up to 24 months
- Education empowerment, planning and support
- Employment and career training
- Individual life skills training and Independent living skills groups
- Positive recreational opportunities and transition to self-sufficient living
- Community resources and referrals
- Intensive case management
- Aftercare support

6



Questions

Supporting people,  
Strengthening  
communities



NeighborImpact

# CET Funding Application-NeighborImpact



Sonia Capece  
HomeSource Director

- NeighborImpact- context
- Rental Assistance
- Mortgage Assistance
- Community Impact & Leverage



Molly Heiss  
Housing Stabilization Director



## Support Services for Low-Income and Homeless Community

**Objective:** provide supportive services to 6,100 unique low-income and/or homeless individuals over the grant period, up from 5,399 unique individuals served in the previous 12 months (October 2021 - September 2022).

**City of Bend Consolidated Plan Goal #4:** Assist Homeless with Shelter and Services: The proposed project provides essential needs and support services to community members, including special populations, experiencing homelessness in Deschutes County.



St. Vincent de Paul – Bend

City of Bend  
Public Service Program Application

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# Our Clients

## Day-to-day Reality

- Unable to find/maintain adequate shelter - 35% are homeless
- Living on the streets, in cars or hotels, shelter or couch surfing
- No reliable transportation
- Unemployed or underemployed
- Living with addiction, mental illness, disability
- Formerly incarcerated
- Poor credit or rental history








## Demographics

- Seniors
- Disabled/Homebound
- Veterans
- LGBTQ+
- Youth



2

## Supportive Services

-  Propane vouchers for cooking and warmth
-  ID assistance to support employment
-  Prescription costs not covered by insurance or for those who do not have insurance
-  Clothing vouchers for essential needs and appropriate attire to apply for a job or work clothes for a new job
-  Sack lunches to provide nutritious food for those living on the streets and without transportation
-  Tents, sleeping bags, backpacks, buddy heaters, warm coats, hats, and gloves to support people living on the street
-  Miscellaneous essential needs
  - a battery for a couple expecting a baby and living in a car
  - a walker for a homeless man
  - diapers and other supplies for a couple living in their car with a newborn baby



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## Project Impact on Community of Need

### Short Term

Community members are clothed, warm, and fed.

### Long Term

Community members are assisted to overcome barriers to stable shelter/housing.



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Thrive Central Oregon helps overcome housing and financial insecurity in our community through a holistic approach that connects families and individuals to the resources they seek

- 2022
  - Hybrid model of services
    - In-person & phone appointments provided: over 2500 in Bend
    - Representing 1000 different community members

The people we meet:

- 56 years is the average age
- 55% female-identifying, 45% male-identifying, <1% gender non-conforming
- 30% of who we see are families
- 54% report physical or mental health disability
- 41% are living on a fixed income
- 18% are Latinx

76% of the services we provided are directly connected to housing

159 community members and their families were affordably housed in 2022!



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## Thrive is requesting CET funding support for emergency rent to continue supporting Bend households

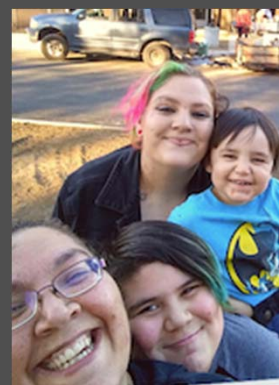
- Thrive is efficient and effective in connecting emergency rent to households in a timely manner
- Assistance from Thrive is not only a rent payment, but also addresses the underlying causes of income insecurity. We are working alongside families to build resources and secure affordable housing.
- 94% of those we work with are at or below 50% Area Median Income
- In the last 4 months Thrive provided over \$500,000 of housing assistance across Central Oregon. This funding assisted over 400 households with an average payment of \$1300 and ongoing case management from a Thrive Outreach Advocate.



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## Proposal

- CDBG request \$31,964 to support staffing needs in Bend
- Wrap around support to enhance financial assistance
- Increasing number of calls = increasing need for staff
- Upstream approach to help families stay housed
- Match funding (1:1) is secured through the Central Oregon Health Council. Together providing funds needed for 1 FTE.
- CET request \$500,000 for emergency rent to Bend households



Thank you for your consideration!  
Learn more [www.thrivecentraloregon.org](http://www.thrivecentraloregon.org)  
Resource information to see, print & share  
Facebook & Instagram: @thrivecentraloregon

Sarah Mahnke, Executive Director  
[sarah@thrivecentraloregon.org](mailto:sarah@thrivecentraloregon.org)  
541-527-9871

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# Volunteers in Medicine

City of Bend CDBG presentation

January 11, 2023

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To improve the health and wellness of the medically uninsured or critically underserved through the engagement of professionals, community partners, and dedicated volunteers.

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## VIM Background



VIM was established as a private 501(c)(3) nonprofit in 2001.

VIM's 6,500 square foot clinic opened on the St. Charles Campus in Bend in May 2004. The VIM building is paid in full. St. Charles Health System charges VIM \$1 per year to lease the land.

The top diagnoses seen at VIM are diabetes, hypertension, and high cholesterol.

**\$146.5 million value of healthcare services and benefits provided to the local community since 2004.**

**VIM patients are over 18 years of age, low-income, not eligible for Affordable Care Act coverage, and live in Deschutes, Jefferson and Crook counties. (this request is limited to patients within the City of Bend)**

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## VIM COVID Outcomes

**80%+ vaccination rates** (partnership with Deschutes County)

**Only 5 hospitalizations**

**Zero ICU admissions**

**Zero COVID Deaths**

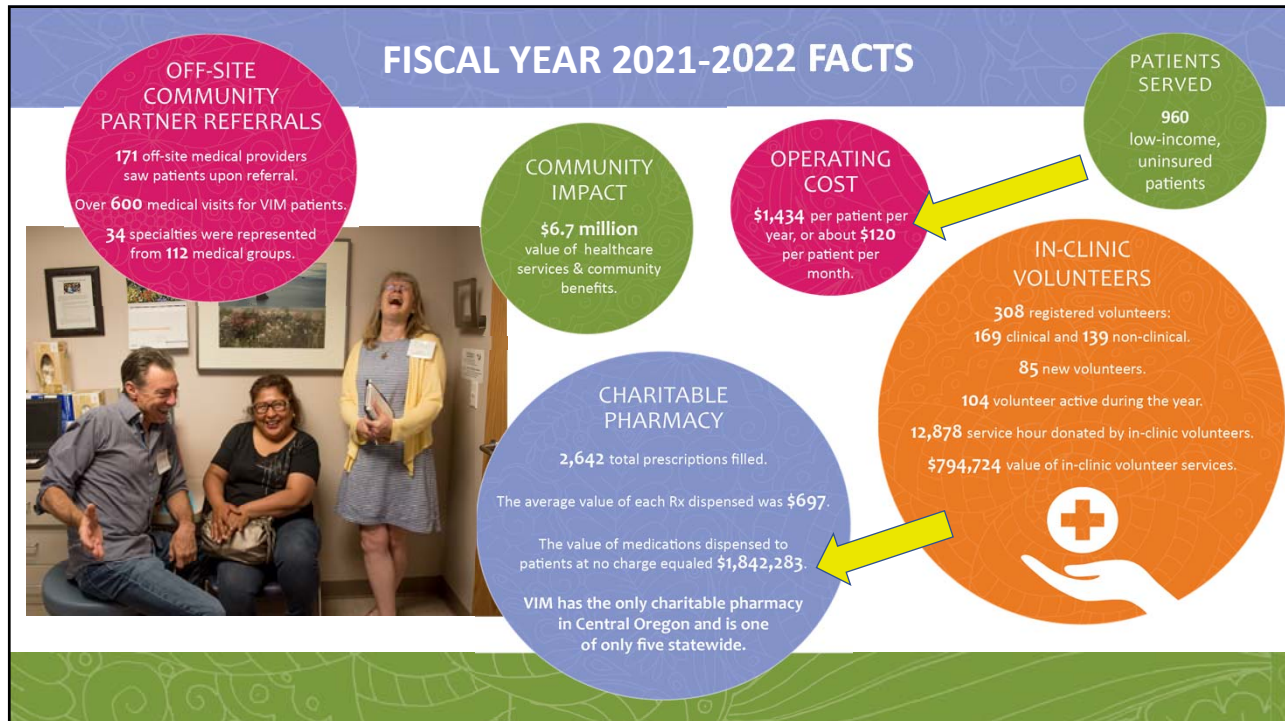
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# 2021-2022 DIABETES OUTCOMES

- Number of diabetic and pre-diabetic patients increasing
- Diabetes under control: 20 point improvement in one year (from 35 to 15): equal or better than OHP
- Mental Health Counseling and Dental Care for Diabetic patients added in 2021
- We can do this in part because of the support we receive from the City of Bend.



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THANK YOU. Questions?

